



Mujer Colibrí

Viajes para Cultivar la Transformación

The Path of the heart

LIMA Y TARAPOTO | PERU

from May 21 to 29 2022





Mujer Colibri

Viajes para Cultivar la Transformación

HOLISTIC RETREAT

*The Path of
the Heart*

A magical Journey of Transformation

From May 21 to 29 , 2022

LIMA- TARAPOTO | PERU





The essence of the Heart only has value when we dare to experience it

The path of the Heart is a creative process of great power, where step by step we find ourselves recognizing our true essence.

The Path of the Heart is a call to join your companions of destiny, in one heart. Together we will weave the cosmic loom of Love, allowing us to transform ourselves and courageously navigate our emotional labyrinths.

The path of the Heart invites you to reveal your Almic map, to open yourself to your essential truth, new beginnings, cosmic communications and thus emerge full of Love to transform your Life.

When you are on the Path of the Heart, the worries, destructive self-criticism and value judgments that separate you from other beings disappear, allowing the energy that flows from your divine core to reach your body and repair it.

By freeing yourself from internal pain, contact with the essence becomes more tangible and you can unfold your true greatness on Earth.

This means that your dreams come true more easily.



We are Mujer Colibri and we want to invite you to walk the Path of the heart to transform your life.

So that together we weave our wings and fly free in pursuit of an extraordinary life full of magic, love and encounters. Being love what moves us towards innocence, unity, collaboration and joy.

In this Magical Holistic Retreat we will be in places full of beauty, which will give us the opportunity to connect with the principle from which life emerges.

Through the proposed Activities, you will display your true talents, your creations will be enriched with more energy coming from it.

Allowing your connection with the heart to intensify, becoming clearer, to provide more vitality and greater creative capacity.

We are love.

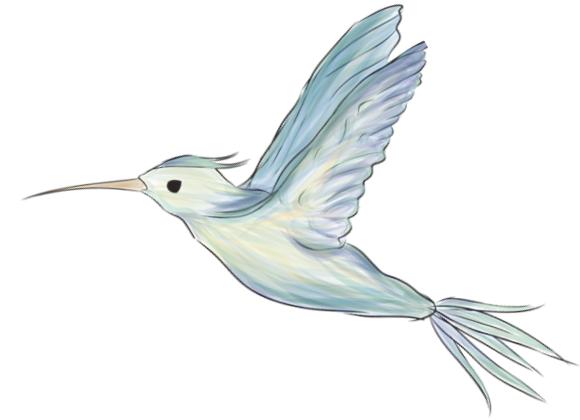
Love is a movement that embraces different realities to inspire a positive change in experience.

Just as light is information, love is creation.

To know it, it is necessary to experience it in relation to other beings.

Come! We invite you to create together an Almic map to travel the Path of the Heart with Magic

ACCOMMODATION INFORMATION

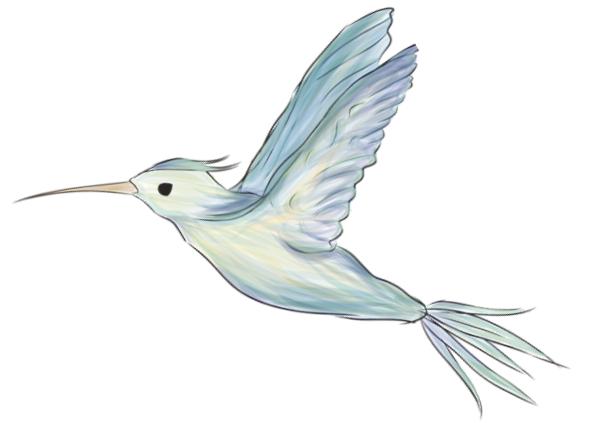


**LIMA | PERU
FROM MAY 21 TO 29 , 2022**

Hotel Antigua Miraflores is a beautiful privileged place
in Miraflores

On the Itinerary page you will discover the Activities
that we will do in Lima, and Tarapoto Peru





ACCOMMODATION INFORMATION

TARAPOTO | PERU

May 23 to 29, 2022

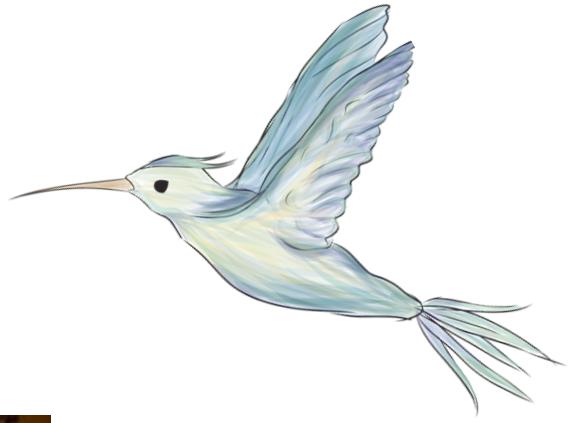
CHIRAPA MANTA



ECOALDEAS



On the Itinerary page you will discover the Activities
that we will do in Lima, and Tarapoto Peru



What includes?

LIMA | PERU

Accommodation in Hotel Antigua Miraflores | Miraflores, Lima

Breakfast at Hotel Antigua Miraflores

Transfer from the Airport to Hotel Antigua Miraflores

City Tour in Panoramic Bus

Transfer from Hotel Antigua Miraflores to the Airport to take the flight to Tarapoto

Includes Airplane Ticket from Lima to Tarapoto

TARAPOTO | PERU

Transfer from Tarapoto Airport to Chirapa Manta and Ecovillages

Lodging in Chirapa Manta and EcoAldeas | Tarapoto Full Board:

Breakfast / Lunch / Dinner

Tours and Activities

Transfer from Chirapa Manta to Tarapoto Airport

Doesn't include

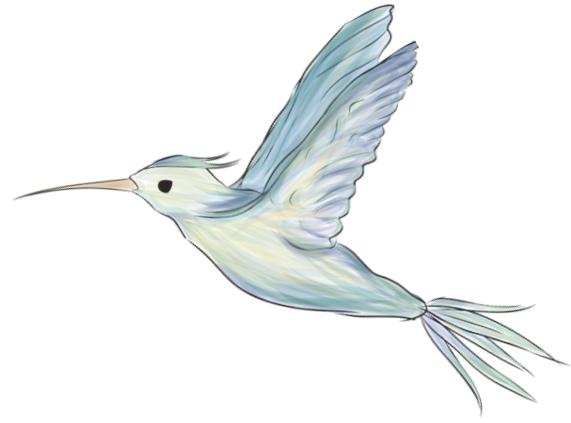
AIRLINE TICKET FROM YOUR COUNTRY TO LIMA | PERU

COVID TESTS

VISA PROCEDURES (IF YOUR COUNTRY REQUIRES IT)

Tips where requested





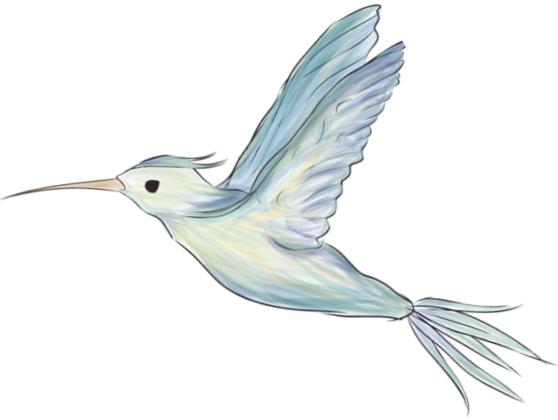
Investment

HOLISTIC RETREAT
THE PATH OF THE HEART
USD 1,490

IMPORTANT INFORMATION:

- We recommend that you contact the Peruvian embassy of the country where you are residing so that you obtain all the information requested to enter Peru. Since there are certain restrictions for certain Countries, in regards to Visa and covid.
- It is necessary that you have a Valid Passport to Make the Reservation.
- You must acquire medical insurance to travel to another country.





Love unite Us

Mujer Colibri will donate 5% of the proceeds from the Path of the Heart | Holistic Retreat to the Association of Peru.

We are very happy to collaborate with Father Omar and his immense and wonderful work in helping those most in need.

At the Home at this moment It houses more than 170 boys, girls, adolescents, youth, adults and older adults declared abandoned or in the process of medical Treatment with physical, psychiatric illnesses and/or special educational needs.



Itinerary



First Day

May 21 , 2022

- Arrival at Lima Airport, Peru
- Transfer to Hotel Antigua Miraflores
- check in / welcome
- Accommodations in the rooms and tour of the hotel
- Registration forms and coexistence guidelines
- Introductory talk of the program.

Second Day

May 22, 2022

- Breakfast at Hotel Antigua Miraflores
- City Tour in Panoramic bus

Third Day

May 23, 2022

- Breakfast at Hotel Antigua Miraflores
- Transfer to the airport to travel to Tarapoto
- Arrival in Tarapoto and transfer to Chirapa Manta
- Accommodations in the rooms and tour of the hotel
- Registration forms and coexistence guidelines
- Introductory talk of the Activities program
- Lunch
- Rest | Free time
- Zen walk to connect the Heart with the Place
- Dinner



Fourth Day

May 24, 2022



ADAWN:

Kundalini Yoga to Heal the Body

Chanting of Mantras and Meditation where you will prepare your energetic bodies to receive the energy of transformation for the activities of the day

BREAKFAST

TALK AND ACTIVITIES

The Path of Emotions: You will learn where your wounded emotions are located and how you will manage their energies to create a life of absolute happiness.

Activities: You will perform NLP and Creative Visualization exercises

LUNCH

FREE TIME

AFTERNOON

Shamanic Meditation: Invoke God from within

This meditation has a great transforming power since you will activate the creative energy through your hands, uniting the elements to strengthen your connection with divinity.

INTROSPECTION TIME | AFTERNOON SNACK

SACRED DANCE: BUILD THE FEMALE TEMPLE:

Dancing your feminine temple is awakening your Love, your magic, and completing the circle with God, with the Feminine Energy. This Dance is powerful, connective, giving you the possibility of connecting with the inner circle, since this connection is with the Creative Source, it is a circle of love; you will see how the cells will wake up when it is completed.

You will begin to see this non-linear circle as everything else in the universe that works together. Through this Dance you will remember your Luminous Feminine Essence that was once on earth without incarnating.

EVENING DINNER

Circle of Words: Here we meet in words where we will share experiences, being a strength for our fellow travelers.

Oracle Reading! Message from the guides about your Job for the day



Fifth Day

May 25 , 2022

DAWN:

Kundalini Yoga to Heal the Body

Chanting of Mantras and Meditation where you will prepare your energetic bodies to receive the energy of transformation for the activities of the day

BREAKFAST

Native connection: full day

It includes:

Local tour guide

Trekking to the Chirikyacu Native Community

Craft workshop with the "Warmi Awadoras" women weavers,

Flora, fauna and culture "Quechua-Lamas"

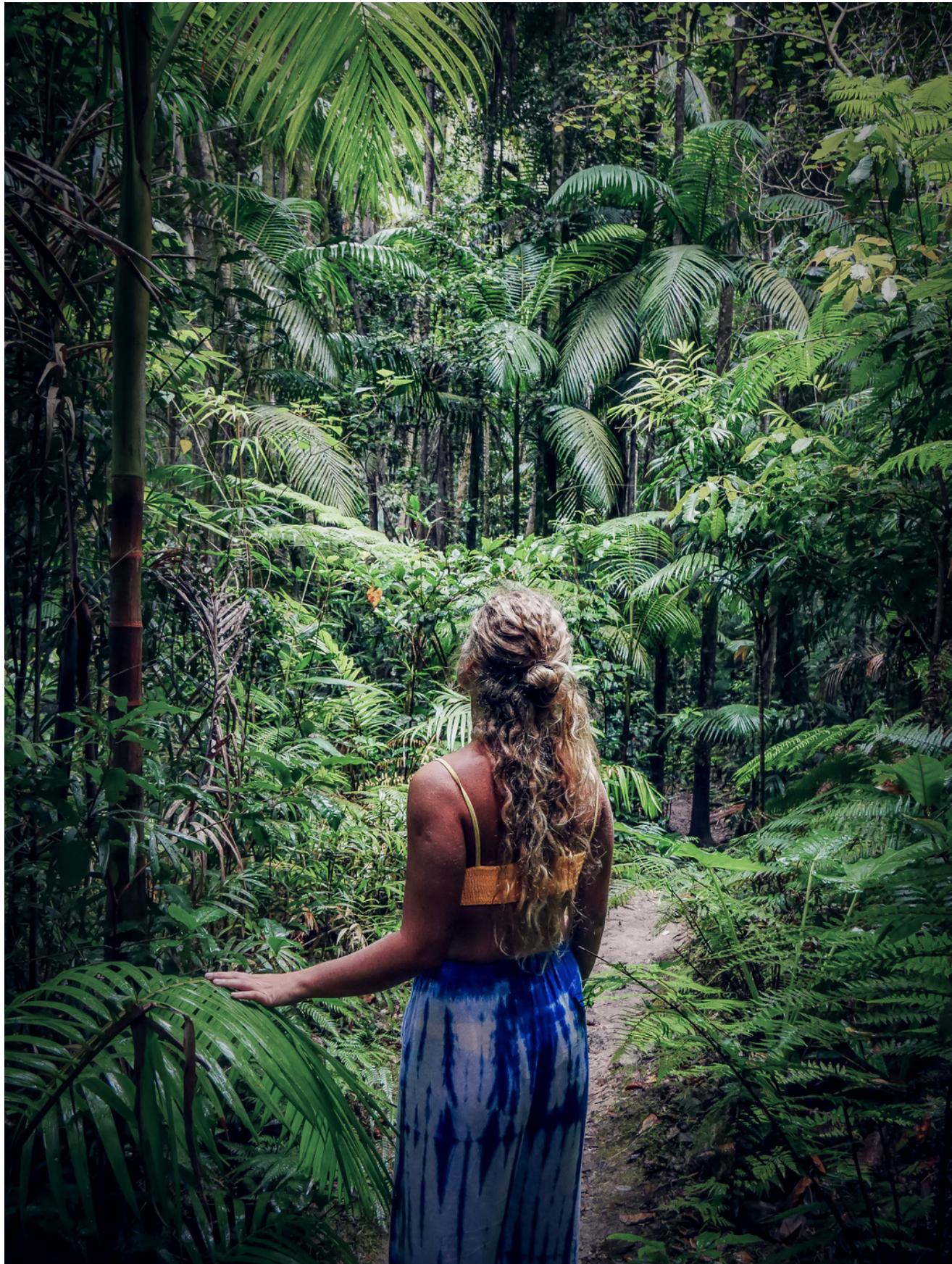
Refreshments, lunch in the community and coffee.

EVENING

DINNER

Circle of Words: Here we meet in words where we will share experiences, being a strength for our fellow travelers.

Oracle Reading! Message from the guides about your Job for the day.



Sixth Day

May 26, 2022

DAWN:

Kundalini Yoga to Heal the Body

Chanting of Mantras and Meditation where you will prepare your energetic bodies to receive the energy of transformation for the activities of the day

BREAKFAST

TALK AND ACTIVITIES

The Heart, the senses and being present: who rules your emotions? in this talk you will learn to create distinctions to be completely in the present and live your life happily

Activities: Mindfulness exercises

LUNCH

FREE TIME

AFTERNOON

Agrobiodiversity: duration 2.5 hours

It includes:

Tour of the environmental education area "La Pampa de los Ninos"

Local tour guide

Medicinal plants, fruit trees, timber trees, flowers, traditional foods and cultural aspects of local farming communities.

Snack and soft drink.

EVENING

DINNER

Circle of Words: Here we meet in words where we will share experiences, being a strength for our fellow travelers.

Oracle Reading! Message from the guides about your Job for the day.

Seventh Day

May 27, 2022



DAWN:

Kundalini Yoga to Heal the Body

Chanting of Mantras and Meditation where you will prepare your energetic bodies to receive the energy of transformation for the activities of the day

BREAKFAST

ACTIVITIES

Flower Bath: Based on ancestral Amazonian knowledge, we prepare a plant bath for you to cleanse your energies and renew yourself with a small ritual next to the river.

Activities: Guided Meditation

LUNCH

FREE TIME

temazcal

Ancestral ritual of rebirth that is carried out through a sweat lodge (like a natural sauna) and symbolically recreates the womb of Mother Earth.

The group can participate in the assembly of the sacred fire that takes place 3 hours beforehand (duration 30 min).

EVENING

DINNER

Circle of Words: Here we meet in words where we will share experiences, being a strength for our fellow travelers.

Oracle Reading! Message from the guides about your Job for the day.

Eighth Day

May 28, 2022



BREAKFAST

ACTIVITIES

Natural exfoliation

With a mixture made of natural ingredients, enjoy a delicious exfoliation in the river. Your skin will enjoy it!

LUNCH

FREE TIME

Cacao Ceremony & Sacred Dances of the Heart

When Master Cacao arrives with his love, he caresses our hearts and invites him to dance an endless dance, a dance of hope, an innocent dance, a dance of deep healing. It allows us indefinitely to create an interior space to turn all our attention, listen to the voices that inhabit us, the stories we have told ourselves, the memories we have repressed, and in turn awakening sleeping dreams. We dance softly and differently in each participant but at the same time unifies us in the same being, in a family that reaches a space where there are apparently strangers and end up recognizing each one as a great brotherhood, the brotherhood of the heart, which creates infinite possibilities for a loving world that urgently needs to be born.

That's how true Master Cacao is, who today invites you to dance his vibration of love.

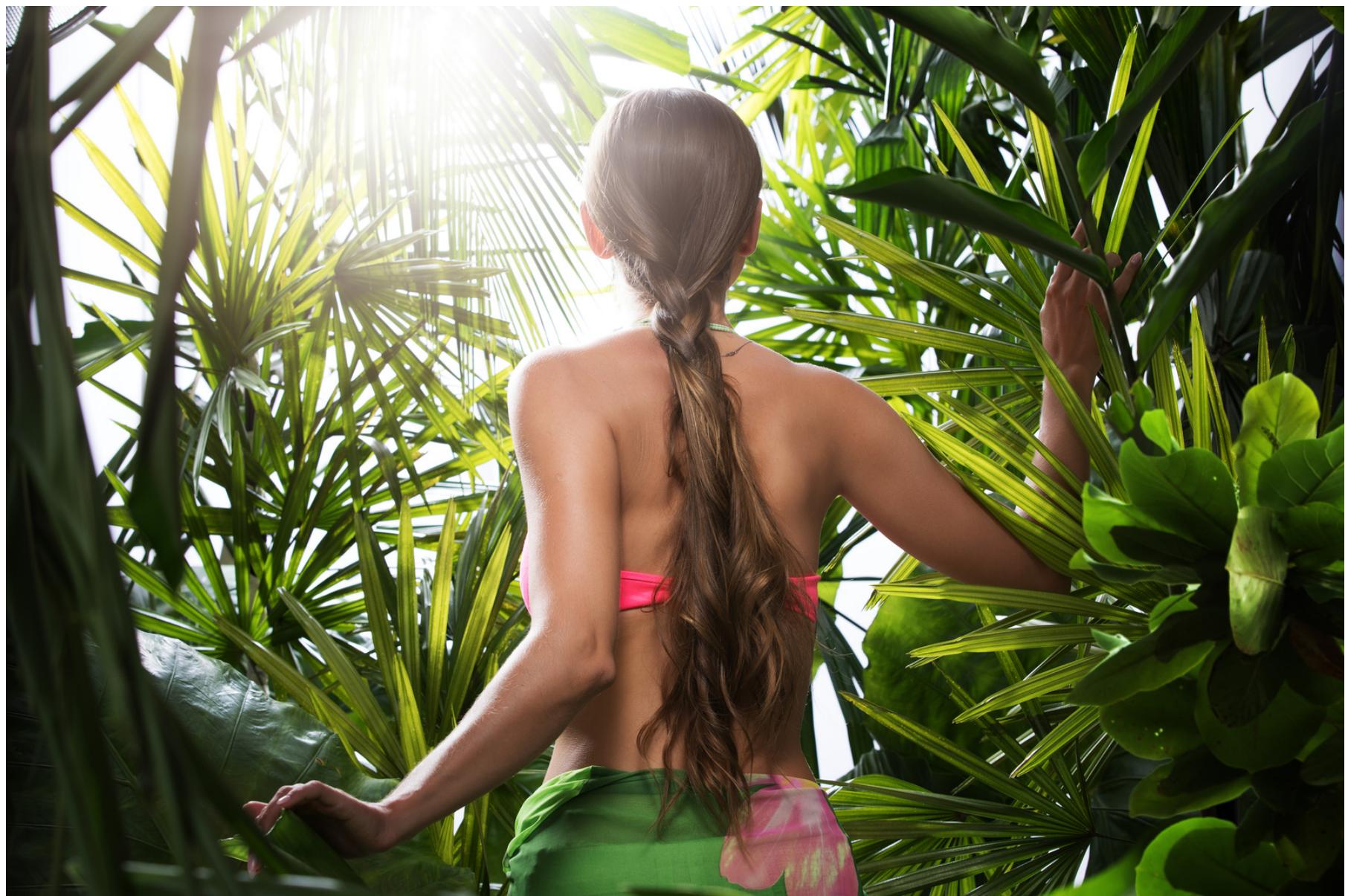
EVENING DINNER

Circle of Words: Here we meet in words where we will share experiences, being a strength for our fellow travelers.

Oracle Reading! Message from the guides about your Job for the day.

Ninth Day

May 29, 2022



BREAKFAST

Closing Talk: After living great adventures of transformation, we will share strengthening our promises and re-encounters.

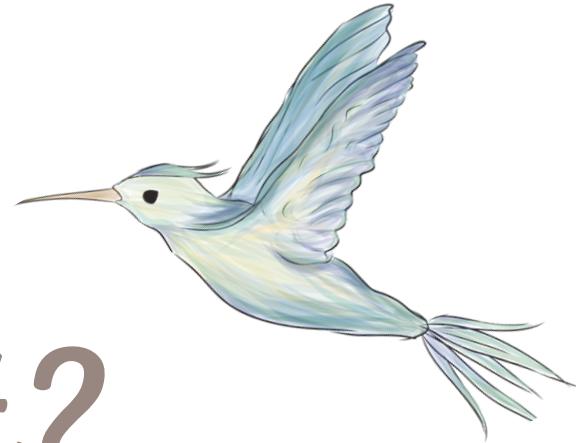
Transfer to the Airport to Travel to Lima Peru



We recommend you bring

- Your personal toiletries and everything you usually take on your trip to facilitate your comfort.
 - A yoga mat
 - Comfortable clothing that facilitates mobility and sitting. Remember that we will do activities such as meditation, dances, walks, etc.
 - Mosquito repellent
 - Notebook and colored pencils, as well as pens (this will be to create your travel diary)
 - Bring proof of Covid19 Vaccines (issued by your country)
 - Valid passport .
 - Change of Peruvian Soles for tips and what you want to buy.
-
- We recommend that you notify us if you have a special diet, such as: If you are Vegan, vegetarian or celiac, or have an Allergy to a certain Food





Who will accompany you in the Retreat?



**Lic. Andrea Botti
(Indra Cakti)**

ARGENTINA

Co-founder of VIVE VIBRA VIAJA
Founder of Indra Cakti Holistic School
Co-founder of Mujer Colibri
Grand Master in Energy Therapies
Transformational speaker and writer
Holistic Psychology
Natural Doctor (N.D., Ontological Coach



Varinia Russo

USA

Tour group coordinator
Founder and creator of OrugaCenter
Co-founder of Mujer Colibri
Energy therapist

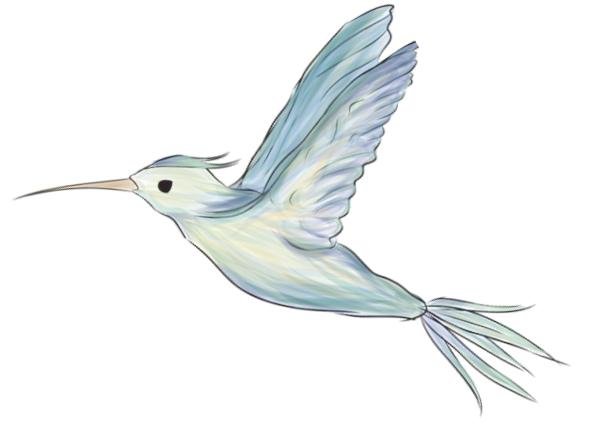


Jacqueline E. De Martinez

USA | ESPAÑA | PERU

Founder of Bucket List Travel Agency
Founder of Nectar of Life | Life Coach
Founder of Wonderland | Preschool | Child development
and Leadership.
Co-Founder of Mujer Colibri.
Bachelor of Education.
Master of Organizational Science
Leadership | Coach





Are you ready to book?



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in reserving your place at the Retreat.

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